

Catherine Ibsen, PhD  
2450 Delaney Ave. 28403  
763 9512  
18+, Aff, Ang, Fam, Gay, Ind, PTS, Sub

Linda Iklé, PhD  
1606 Wellington Ave., #H 28401  
547 3562 e:ikle@ec.rr.com  
0-18,ADD,Aut,BeM,DD,MR,Par,TBI Test:Edu,Psy

Debra Kashgarian, PhD  
2002 Eastwood Rd. 28443  
509 0588  
Fam, Wom

Guy Kashgarian, PhD  
2002 Eastwood Rd. 28443  
509 0588  
Fam

Eileen Schanel Klitsch, PhD  
4734 Long Beach Rd. Oak Island 28461  
457 0070 Fax: 457 0062 e:eklitsch@yahoo.com  
0-18, ADD, CBT, Fam, Test: Edu

Tom Mates, PhD  
7032 Wrightsville Ave. 28403  
256 6163  
0+,ADD,Anx,Aut,CBT,Fam,LD,OCD Test:Edu,ADD,Aut

Jennifer Myers, M.A., L.P.A.  
2450 Delaney Ave, 28403  
763 9512 Fax: 763 6339  
3+, Adp, Anx, Dep, Eat, Fam, Sex

Kayj Okine, PhD  
3806 Park Ave. 28403  
790 9500 w:chrysaliscenter-nc.com  
10+, ADD, Anx, Bar, Dep, Eat, PTS

Doug Owen, MS, LPC  
5919 Oleander Dr., #104 Bldg. 2 28403  
792 9888 w:bridgebuilderscounseling.com  
13+,Anx,Fam, Pas

Michael Palanza, MA, LPA Wilm. Health Access for Teens  
4005 Oleander Dr. 28403  
790 9949 Fax: 790 9455  
ADD, Aff, Sub, Test: IQ, Psy

Nancy C. Peters, PhD.  
2450 Delaney Ave. 28403  
762 9083 e:cccofnc@bellsouth.net  
0+,Aff,Anx,DD,Dep,Fam,LD,OCD,Par,PTS,Sex,Str

S. Michael Plaut, PhD  
78 Hampstead Village Hampstead 28443  
270 2833 e: smplaut@gmail.com  
SxT

Jessica Powell, MA, LPA, LPC  
5009A Wrightsville Ave. 28403  
791 5575 Fax: 791 5576 e:jessi7575@hotmail.com  
3-65, ADD,Anx,BeM,CBT,Eat,Par,Sex,Wom Test:ADD

Antonio Puente, PhD  
1508 Military Cutoff Rd., #303 28403  
509 9371 e:clinicalneuropsychology@gmail.com  
6+, Test: Neu

Cindy Hickman Ray, MS, LPC  
272 N. Front St. 28401  
251 9366 w:pastoralcounselingnc.com  
16+,Ang,Anx,Can,Dep,Fam,Gri,OCD,Pas,Sex,Str,Wom

Chris Savard, PhD  
1121 Medical Center Dr. 28403  
763 8134  
ADD, CBT, Dep, Fam, Ind, OCD, Test: Edu, Psy

Phillip Sharp, EdD  
108 N. Kerr Ave., #F2 28405  
313 0460  
16+,Ang,Anx,Dep,Gam,Pas,Men,Par, Str, SxA

Jennifer Sheehan, LPA  
4000 Shipyard Blvd., #100 28403  
796 7848 Fax: 796 7849  
0+,ADD,Anx,Aff,BeM,CBT,Dep,Par,Pla Test:Edu,Psy,Neu

Reuben Silver, PhD  
1508 Military Cutoff Rd., #303 28403  
256 9007 w:apapo.org/DrReubenSilver  
16+, Anx, Dep, Fam, Ger

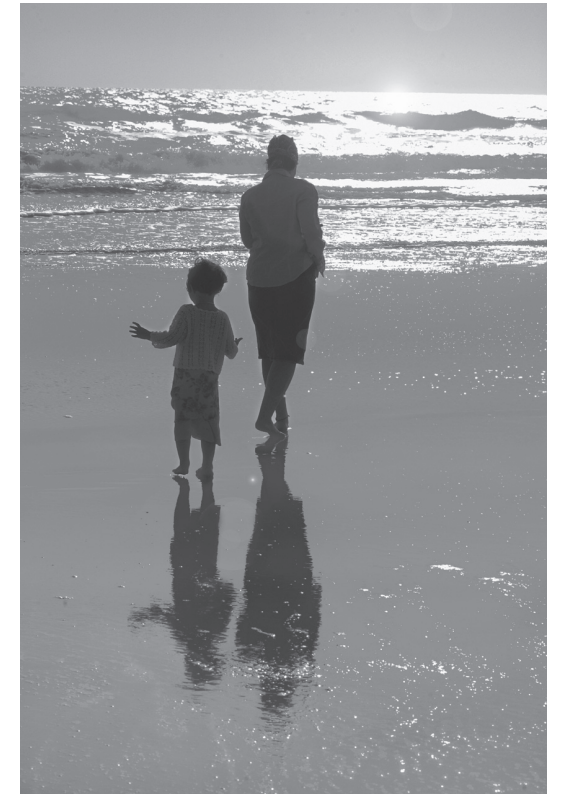
Paula K. Smith, LPA  
1 Hampstead Village Dr. Hampstead, 28443  
270 3811 Fax: 270 3897 e:sanchez@yahoo.com  
3+, ADD, Aut, BeM, DD, LD, MR Test: Psy

Jane St. John, LPA Delta Behavioral Health  
1920 Tradd Ct. 28401  
343 6890 w: deltadb.com  
18+, Ang, Anx,CBT, Day,DBT, Dep, Pan, Str, Sub

Nova Swanstrom, MA, LPA  
1920 Tradd Ct. 28401  
343 6890  
16+,Anx,DBT,Dep,Fam,Gay,Transgendr Test:Psy

Penelope Ward, PsyD  
3415 Wrightsville Ave. 28403  
200 2578 e: PenelopeWard@hotmail.com  
13+, Acc,Anx, Dep, Eat, Gri, WtM

Janette Wellman, PhD Wilmington TEACCH  
503 Covil Ave., #100  
251 5700, x101 Fax: 251 5809 w: teacch.com  
0+, Aut, Org Test: Aut



Cape Fear Psychological Association  
[www.CapeFearPsych.org](http://www.CapeFearPsych.org)

CFPA is a group of unaffiliated psychologists in southeastern NC. More detailed information about each member can be found on our website. All addresses are Wilmington unless otherwise shown. The abbreviations used are as follows:

Acc	Acculturation
Adp	Adoption
ADD	Attention Deficit Disorder
Aff	Affective disorders
Ang	Anger management
Anx	Anxiety disorders
Aut	Autism spectrum disorders
Bar	Bariatric assessment & therapy
BeM	Behavioral management
Can	Cancer support
CBT	Cognitive behavioral therapy
Day	Partial hospital day treatment
DBT	Dialectical behavior therapy
Dem	Dementia
Dep	Depression
DD	Developmental disabilities
Eat	Eating disorders
EMD	EMDR
Fam	Family/marital therapy
For	Forensic
Gam	Gambling
Gay	Gay/lesbian issues
Ger	Geriatric
Gri	Grief
Hyp	Hypnotherapy
Ind	Individual
LD	Learning disabilities
Men	Men's issues
Min	Mindfulness
MR	Mental retardation
OCD	Obsessive compulsive disorder
Org	Organizational consulting
Pan	Panic disorder
Par	Parent training
Pas	Pastoral counseling
Pla	Play therapy
PTS	PTSD/trauma
Sex	Sexual abuse
SxA	Sexual addiction
SxT	Sex therapy
Str	Stress
Sub	Substance abuse
TBI	Traumatic brain injury
WtM	Weight management
Wom	Women's issues
X+	Age on up
Test	Testing
Edu	Educational
Neu	Neuropsychological
Psy	Psychological
e:	email address
w:	web site address

Kimberly Adams, Psy.D., ABPP-CN  
2301 Delaney Ave. 28403  
254 4818 Fax: 254 4819 w: drkimberlyadams.com  
6+:ADD,Aff,CBT,Dem,LD,Str,TBI,Wom Test:Edu,Psy,Neu

Michael Affemann, PhD  
205 Raleigh Ave., Carolina Beach 28449  
458 5675 w:island-time-institute.com  
Can, Org, Str, WtM

Snowy Albright, MTS, LPC  
1904 Eastwood Rd., #309 28403  
509 0444 w:snowyalbright.com  
8+, Dep, Fam, Gri, Ind, Par, Sex, Str, Wom

Bruce Baldwin, PhD. Baldwin Psychological, P.A.  
309 R.L. Honeycutt Dr. 28412  
799 6544 e:bbaldwin1@ec.rr.com  
10+, Anx, Dep,Fam, Par

Mark F. Basquill, PhD PC Calm Carolina  
313 Walnut St., #107 28401  
279 7678 Fax: 790 5778 e: drcalm@yahoo.com  
6+, Ang, Aut, CBT, DD, Min, PTS Test: Psy

Gretchen Batterman, LPA, LPC Let's Talk  
824 Gum Branch Rd. Jacksonville 28540  
353 8255 Fax: 355 2427 e:gbatterman@hotmail.com  
Anx,BeM,Fam,PTS

Richard Berg, PhD  
5010 Randall Parkway 28403  
791 5719  
Test: 18+, ADD, Ger, Neu

Kim Bolen, MA, LPA Anchor Psychological  
14889 US Hwy 17 Hampstead, 28443  
270 9995 Fax:270 9905 w:anchorpsychological.com  
Aff, Anx, CBT, DBT, Dep, Fam, PTS, Sub

Barbara Bell Bowers, M.S., LPA  
4000 Independence Blvd., #100 28403  
796 7848 e: bowersdb@bellsouth.net  
3+ Test: Edu, LD, Psy

Michael Bradley, EdD  
2450 Delaney Ave. 28403  
762 9083 e:cccfnf@bellsouth.net  
4+,ADD,Anx,CBT,Dep,Fam, LD,Par,Str Test:Ed,Psy

Kelly Broadwater, MA, LPA, LPC  
3806 Park Ave. 28403  
790 9500 Fax: 796 8111 w:chrysaliscenter-nc.com  
10+, ADD, Anx, Bar,Dep, Eat, PTS, Sex,Wom Test: ADD

Patricia Brown, LPA, LPC  
5010 Randall Parkway 28403  
791 5719 Fax: 799 8180  
0+, ADD,Aff,Anx,Dep,Fam,Ind,PTS,Sex

Jane Vogt Buongiorno, PhD  
1213 Culbreth St. Landfall Executive Suites 28405  
256 5070 Fax: 256 6264  
4+,ADD,Aff,Anx,CBT,Dep,Fam,Gay,Pan, Par, Pla

Glenn Cahn, PhD  
3205 Randall Parkway, #117 28403  
332 4134 Fax: 332 4148 w: ILMpsychtesting.com  
Test:6+, Edu, Neu, Psy:ADD, Aff, Anx, Aut, Sub, TBI

Jennifer Coleman, PhD Trinity Wellness Center  
1907 S. 17<sup>th</sup> St., #1 28401  
343 8424, x202 Fax: 343 6989  
3+,ADD,Aff,Aut,Dep,Fam,Gri,OCD,Par Test:Edu,Psy

Janet Camp, PsyD  
2555 Croquet Dr., #2 28412  
792 5683  
5+, Anx, Dep, Gri, Par, Pla, PTS, Sex, Wom

J. Travis Colwell, PhD Independence Back Institute  
2800 Ashton Dr., #100 28412  
794 8892 e: tcolwell@independenceback.com  
16+, Ang, Anx, BeM, Dep, PTS, Str, Sub

Nikki Croteau-Johnson, MA, LPA  
217 N. 5<sup>th</sup> Ave 28412  
251 0300  
4+, Ang, Dep, PTS, Sex

Kitty Davis, LPA  
1213 Culbreth Dr. #211 28405  
509 7202 Fax: 256 0630 e:kittydavis@bellsouth.net  
Gay, Gri, PTS, Sub

Arlene Gallan, PhD  
3205 Randall Parkway, #116 28403  
815 3535 Fax: 815 3525 e: docgallan@yahoo.com  
18+,Anx, CBT, Dep, Ger, Sub

George N. Gates, DMin, MA, LPA  
1606 Wellington Ave., #H 28401  
793 6144 Fax: 793 6140 w: gatewaypsych.com  
10+, Ang,CBT,Dep,Fam,Gri,Men,Pas Test: Psy

Tina Gill, MA,BCBA Behavioral Consulting Inc.  
5520 Dunmore Rd. 28409  
619 1200 e: tinademis@ec.rr.com  
1½+, Aut, BeM, DD, Par

Mary Godin, MA, LPA, LPC Anchor Psych.  
14889 US Highway 17 Hampstead 28443  
270 9995 w: anchorpsychological.com  
3+, ADD, Aff, Anx, Aut, CBT, Dep, PTS, Sex

Yael Gold, PhD Integrated Therapy Associates  
5201 Oleander Dr. 28403  
799 6162 e: yaelgold@msn.com w: itahealing.com  
16+, Anx, Dep, Eat, EMD, Gri, Hyp, PTS, Sex

Howard Grotzky, EdD  
5010 Randall Parkway 28403  
791 5719  
5+, ADD, Fam, Ind, PTS; Test: For

Monty Grubb, PhD Trilogy Services  
7741 Market St., #C 28411  
686 4300 e: MGrubbTrilogy@aol.com  
1+, BeM, CBT, DD, Ger, MR, Org

Denise Hanson, PsyD Mind Matters  
4000 Shipyard Blvd., #100 28403  
796 7848 Fax: 796 7849 w: cihenc.com  
3+, ADD, Par, Test: Edu, Neu, Psy

Darolyn Hilts, PhD  
5010 Randall Parkway 28403  
791 5719 e: DarolynHilts@mindspring.com  
5+, Aff, CBT, Fam, Ind, Sex, Wom

Kerry Hogan, PhD  
3973 Market St., #B 28403  
763 0699 Fax: 763 0489 w:wilmingtonpsych.net  
2+, Aff, Anx, Aut, CBT,DD, OCD, Par,  
Test:DD,Edu

Roxanne Howard, MA, LPA Mind Matters  
4000 Shipyard Blvd, #100 28403  
796 7848 Fax: 796 7849  
3-55, ADD,Ang,Anx,Dep,Fam,Par Test: IQ, Psy